

Brandon Bluefins Swim Club
"Making a Splash in Westman"

MANITOBA STANDARDS AA Long Course Meters

Female 10 & Under

	AA	A	10A
50 Free			43.76
100 Free			1:36.49
200 Free			3:34.57
400 Free			7:20.56
50 Back			52.73
100 Back			1:49.96
200 Back			4:06.05
50 Breast			59.19
100 Breast			2:04.88
200 Breast			4:29.31
50 Fly			53.86
100 Fly			1:57.81
200 IM			3:58.98

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MANITOBA STANDARDS AA Long Course Meters

Male 10 & Under

	AA	A	10A
50 Free			43.76
100 Free			1:36.49
200 Free			3:31.66
400 Free			7:17.51
50 Back			52.73
100 Back			1:50.17
200 Back			4:00.25
50 Breast			58.32
100 Breast			2:06.36
200 Breast			4:30.93
50 Fly			53.86
100 Fly			1:57.81
200 IM			3:57.89
