

Manitoba Marlin Training Schedule 2009/10

Super Squad Green

Monday	6:00 pm - 7:00 pm SWIM	Pan Am
Wednesday	6:00 pm - 7:00 pm SWIM	Pan Am
Thursday	6:00 pm - 7:00 pm SWIM	Pan Am
Saturday	8:00 am -9:00 am DRYLAND	Pan Am
	9:00 am - 10:00 am SWIM	Pan Am

Super Squad Gold

Monday	7:00 pm - 8:00 pm SWIM	Pan Am Pool
Wednesday	7:00 pm - 8:00 pm SWIM	Pan Am Pool
Thursday	7:00 pm - 8:00 pm SWIM	Pan Am Pool
Saturday	8:00 am -9:00 am DRYLAND	Pan Am Pool
	9:00 am - 10:00 am SWIM	Pan Am Pool

Age Group Developmental (AGD)

Monday	6:30 pm - 7:00 pm DRYLAND	Pan Am
	7:00 pm - 8:00 pm SWIM	Pan Am
Tuesday	6:30 pm - 7:00 pm DRYLAND	Pan Am
	7:00 pm - 8:00 pm SWIM	Pan Am
Thursday	5:00 - 6:30 pm SWIM	Pan Am
Friday	6:30 pm - 7:00 pm DRYLAND	Pan Am
	7:00 pm - 8:00 pm SWIM	Pan Am
Saturday	8:00 am - 10:00 am SWIM	Pan Am

Age Group Elite (AGE)

Tuesday	6:00 pm - 7:00 pm DRYLAND	Pan Am Pool
	7:00 pm - 8:00 pm SWIM	Pan Am Pool
Wednesday	6:00 am -7:30 am SWIM	Pan Am Pool
	6:00 pm - 7:30 pm SWIM	CKRC
Thursday	6:00 pm - 8:00 pm SWIM	Pan Am Pool
Friday	6:00 pm - 7:00 pm DRYLAND	Pan Am Pool
	7:00 pm - 8:00 pm SWIM	Pan Am Pool
Saturday	8:00 am - 10:00 am SWIM	Pan Am Pool

Top Age Group (TAG)

Monday	6:00 pm - 7:30 pm SWIM	CKRC
Tuesday	6:00 am - 7:30 am SWIM	Pan Am
	6:00 pm - 8:00 pm SWIM	Pan Am
Wednesday	5:30 pm - 6:30 pm DRYLAND	Pan Am
	6:30 pm - 8:00 pm SWIM	Pan Am
Thursday	6:00 am - 7:30 am SWIM	Pan Am
	6:00 pm - 8:00 pm SWIM	Pan Am
Friday	5:00 pm - 6:00 pm DRYLAND	Pan Am
	6:00 pm - 8:00 pm SWIM	Pan Am
Saturday	7:30 pm - 8:30 am DRYLAND	Pan Am
	8:30 am - 10:00 am SWIM	Pan Am

National (NAT)

Monday	6:00 am - 7:30 am SWIM	Pan Am Pool
	5:00 pm - 6:00 pm DRYLAND	Pan Am Pool
	6:00 pm - 8:00 pm SWIM	Pan Am Pool
Tuesday	5:00 pm - 6:00 pm DRYLAND	Pan Am Pool
	6:00 pm - 8:00 pm SWIM	Pan Am Pool
Wednesday	6:00 am - 7:30 am SWIM	Pan Am Pool
	5:00 pm - 6:00 pm DRYLAND	Pan Am Pool
	6:00 pm - 8:00 pm SWIM	Pan Am Pool
Thursday	5:00 pm - 6:00 pm DRYLAND	Pan Am Pool
	6:00 pm - 8:00 pm SWIM	Pan Am Pool
Friday	6:00 am - 7:30 am SWIM	Pan Am Pool
	6:00 pm - 8:00 pm SWIM	Pan Am Pool
Saturday	8:30 am - 10:30 am SWIM	CKRC

MINI MARLINS 1, 2 or 3 x WEEK OPTIONS

Monday: 5:30-6:30 pm or 7:00 - 8:00 pm

Wednesday: 5:30-6:30 pm or 7:00 - 8:00 pm

Friday: 5:30-6:30 pm or 7:00 - 8:00 pm